

# Financial Wellness



**Learn techniques to manage your money, reduce debt, and save for the future.**

Contact EAC to begin the financial wellness process!

EAC can:

- Connect you with financial resources
- Provide a library of financial articles, videos, and tip sheets
- Walk alongside you through your financial wellness journey

TOLL-FREE:

**800-227-0905**

WEBSITE:

**[www.eacworklife.com](http://www.eacworklife.com)**

USERNAME:

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EAC is a free, confidential program to help you balance your work, family, and personal life.