

Financial Fitness

HOW TO LIVE LEAN

EMPLOYEE
ASSISTANCE
PROGRAM



Learn techniques to manage your money, reduce debt, and save for the future.

EAC can help with:

- Financial calculators for personal finance, home finance, investments, retirement, and more
- Library of financial articles and tip sheets
- Resource links to financial information you need

TOLL-FREE:

800-227-0905

WEBSITE:

www.eacworklife.com

USERNAME:

EAC is a free, confidential program to help you balance your work, family, and personal life.

EAC
Employee Assistance Center
IMPROVING LIVES AT WORK AND AT HOME